

# MINNESOTA LYME ASSOCIATION *welcomes You!*



To our January Presentation

*Building Resilience While Living With Lyme*

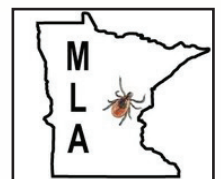
Resilience is the capacity to rebound or positively adapt to unwanted setbacks or misfortunes in our lives. Diagnosis with Lyme Disease is an example of such a setback.

**Jan 10, 2012 6:30pm**  
**First Lutheran Church**  
**4000 Linden Street**  
**White Bear Lake, MN 55110**



Cathy L. Skrip, M.S., Licensed Psychologist, has been in private practice in the metro area since 1992. She works with adults on an individual or couples basis and has significant experience in providing therapy to people with histories of trauma. She is the former Executive Director of the Abuse Resource Center, a small business which provided trainings on domestic violence. She is active in Minnesota Women in Psychology and a member of the Minnesota Psychological Association and the Forest Lake Area Chamber of Commerce.

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